



Cholesterol and Blood Glucose Testing Course using the CardioChek

Aims of the course

To provide health professionals with the relevant background knowledge and practical skills to deliver a point of care testing, Cholesterol and Blood Glucose test. No medical background is required, a certificate is issued subject to passing a practical and theory assessment.

- Competency Training
- Valid for three years
- Theory Assessment
- Practical Assessment

Course Content

Device Usage

- How to use point of care device
- Best practice and accurate testing techniques
- Quality assurance – daily, monthly, annual checks
- Maintenance
- Safety

Basic CVD knowledge

- Basic Cholesterol and Glucose knowledge
- Normative ranges and targets
- CVD risk assessment
- Signposting
- Referrals
- Guidance

Data Processing

- Data collection
- Individual reporting
- Aggregate reporting
- Data management
- Booking systems

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WellTech Solutions are a division of Lemon Squeeze Software Ltd
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Company Registration Number: 11506025



Who should take this course?

- Personal Trainers
- Practice nurses
- Occupational health nurses
- Any health or wellbeing professional

No medical background needed although a strong background in health and fitness is a minimum requirement.

Certification

- Subject to completing and passing the practical and theory assessment, successful participants get awarded with a competency certificate valid for 3 years
- This can be used for evidence for compliance and audit purposes

Additional Topics

- Body Composition using the Bodystat
- Blood Pressure, BMI and Wellbeing checks
- Call us to discuss your requirements

Course Costs and onsite training

- £199 per person plus vat, £300 for two plus vat
- Can be delivered onsite (up to 10 people) for an additional cost £795, plus travel

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